

COSMETOLOGY  
Level I Course Outline

**Freshman Year**

Each school year safety and first aid, sanitation practices, school rules, agenda book review and safety drills are taught and/or reviewed. Incoming students will begin a career portfolio which is updated periodically throughout the program.

**First Marking Period**

- Safety
- Professional Image, Hygiene, Life Skills and Related Practices
- Communication for success
- History and career opportunities
- Anatomy of the nail–structure and growth
- Manicuring

**Second Marking Period**

- Portfolios
- Anatomy of the head and face
- Reference points and sectioning – areas of the head
- Theory of braiding and hand skills (Over and under plait, fishtail, rope braid, corn rows)
- Braiding and braid extension
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**Third Marking Period**

- Decontamination and infection control
- Shampoo theory
- Hair and scalp treatments, reconditioning treatments

**Fourth Marking Period**

- Blow drying
- Thermal Curling and Waving (barrel curl, figure 6, figure 8)– blow drying, hot irons

## COSMETOLOGY

### New Jersey Student Learning Standards (NJSLS)

#### **NJSLS CTE 9.3**

<b>CONTENT AREA:</b>	<b>STANDARD 9.3 CAREER AND TECHNICAL EDUCATION</b>
<b>HUMAN SERVICES CAREER CLUSTER®</b>	
<b>Number</b>	<b>Standard Statement</b>
<i>By the end of Grade 12, Career and Technical Education Program completers will be able to:</i>	
<b>CAREER CLUSTER®:</b>	<b>HUMAN SERVICES (HU)</b>
<b>PATHWAY:</b>	<b>PERSONAL CARE SERVICES (HU-PC)</b>
<b>9.3.HU-PC.1</b>	Analyze basic principles of biology, chemistry and human anatomy for safe and effective utilization and selection of personal care products and services.
<b>9.3.HU-PC.2</b>	Evaluate an individualized personal care plan that reflects client preferences, needs and interests for a course of treatment/action.
<b>9.3.HU-PC.3</b>	Utilize data and information to maintain electronic records of client services and make recommendations for personal care services.
<b>9.3.HU-PC.4</b>	Demonstrate policies and procedures to achieve a safe and healthy environment for personal care services.
<b>9.3.HU-PC.5</b>	Develop organizational policies, procedures and regulations that establish personal care organization priorities, accomplish the mission, and provide high-quality service to a diverse set of clients and families.
<b>9.3.HU-PC.6</b>	Identify personal care business opportunities enhanced by community involvement, self-improvement and current trends.
<b>9.3.HU-PC.7</b>	Apply methods of obtaining feedback to understand expectations and promote high-quality personal care services standards.